

## Dear Sir/Madam,

We at the City Academy law College believe in imparting professionally desirable and socially relevant legal education. With this aim we constantly strive to introduce and conduct value addition courses and skill imparting activities. Your valuable feedback about our alumnus as your employee would help us know the practical demands of legal profession. This would enable us to train the present students to become better professionals.

Please select the option that best describes your level of satisfactions about your employee who is alumnus of City Academy Law College, Lucknow.

Contact Number: 8423633191 Email Id: cankursingh 200 gmail'(04)  Address of the Employers: 1/86, Block & Indira Nagar
Address of the Employers: 1186, Block & Indira Nagar
Luckhow
YOU ARE REQUESTED TO SELECT APPROPRIATE OPTIONS
1. Ability to contribute to the goal of the organization:
Very Good Good Satisfactory Unsatisfactory
2. Planning and Organization Skills:
Very Good Good Satisfactory Unsatisfactory
3. Communication Skills :
Very Good Good Fair Satisfactory Unsatisfactory
4. Leadership, Team spirit and Initiative:
Very Good Good Satisfactory Unsatisfactory
City Academy Law College
City Academy Tewariganj, Chinhat, Lucknow

# 1.13 NEED OF THE STUDY

The study of the mental health, job satisfaction, and personality of teacher educators teaching in self-financed colleges is important for several reasons.

First, teacher educators play a critical role in the development and training of future teachers. Understanding the mental health and job satisfaction of teacher educators can help institutions identify areas of need and develop strategies to support their employees, which can ultimately translate into better outcomes for students.

Second, teacher educators in self-financed colleges may face unique challenges and pressures related to their working conditions and job demands. Understanding the impact of these factors on mental health and job satisfaction can help institutions identify areas for improvement and develop targeted interventions to support their employees.

Third, personality traits such as introversion and extraversion can impact teaching styles and effectiveness, and understanding the role of personality in the teaching profession can help institutions identify areas for professional development and support for their employees.

Ultimately, studying the mental health, job satisfaction, and personality of teacher educators in self-financed colleges can provide important insights into the experiences of these educators and help institutions develop strategies to support their employees and improve outcomes for students.

5. Work-Place be	ehavior:			
Very Good	Good	Fair	Satisfactory	Unsatisfactory
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Yes		No		

City Academy Law College
Tewarlganj, Chinhat,
Lucknow

#### 1.14 DELIMITATIONS OF THE STUDY:

- 1. This study is confined to the Lucknow district only.
- 2. This study includes teachers educators of B.El.Ed, B.Ed & M.Ed. programme.

## 1.15 DEFINITION OF IMPORTANT TERMS:

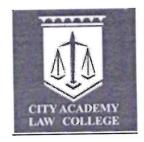
The key terms used in the study were operationally defined as under:

#### A. JOB SATISFACTION:

"the positive emotional state resulting from the appraisal of one's job or job experiences" (Locke, 1976). In other words, job satisfaction is the extent to which an individual feels positively about their job, including the various aspects of their work, such as their pay, working conditions, relationships with colleagues, opportunities for growth and development, and other factors that contribute to their overall work experience."

An operational definition of job satisfaction involves defining the concept in measurable terms that can be observed and quantified. This involves identifying specific indicators or factors that contribute to job satisfaction and developing methods for measuring and assessing those factors.

Overall, job satisfaction is a complex and multi-dimensional concept that can be difficult to operationalize in a precise and



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Please select the option that best describes your level of satisfactions about your employee who is alumnus of City Academy Law College, Lucknow. Name: Next Bologal
Contact Number: 99350/246/ Email Id: 3Kt 20419@gmail.com Address of the Employers: <u>Genti Nagar Lucknew</u> YOU ARE REQUESTED TO SELECT APPROPRIATE OPTIONS 1. Ability to contribute to the goal of the organization: Unsatisfactory Satisfactory Good Fair Very Good 2. Planning and Organization Skills: Unsatisfactory Satisfactory Fair Very Good Good 3. Communication Skills: Unsatisfactory Satisfactory Fair Good Very Good 4. Leadership, Team spirit and Initiative: Unsatisfactory Satisfactory Very Good Good Fair

> City Academy Law College Tewariganj, Chinhat, Lucknow

person's capacity to satisfy the social, emotional, and physical demands of their environment.

According to the Surgeon General's report from 1999, mental health is a condition in which mental function is successfully carried out, leading to productive activities, satisfying relationships with others, and the capacity to adapt to change and deal with adversity. Personal well-being, family and interpersonal relationships, and contribution to the community or society all depend on good mental health. Mental health serves as the foundation for learning, emotional development, resilience, and self-worth.

Thus, it can be said that maintaining teachers' mental health is essential for their overall well-being, their efficiency and effectiveness in carrying out teaching-learning processes in the classroom, and in particular, for the holistic development of pupils. A teacher serves as the coordinator for a vast network of interpersonal interactions and educational activities and is a central axis of the educational community. It is important to foster a positive social environment in the classroom and at school. Because it affects and is affected by other types of health, mental health is a crucial component of one's overall well-being. The harmony of social, physical, spiritual, and emotional aspects of life is what is meant by mental health. It affects how we manage our environment and make decisions in our daily lives, and it is obviously, essential to our general health.

5. Work-Place be	ehavior :			
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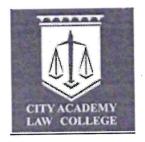
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# 1.10 Personality

The term "personality" relates to our efforts to define or sum up a person's essence. The study of personality focuses on identifying and comprehending human behaviour. As everyone strives to have a positive personality, personality is one of the most important components in human life. The cornerstone of a successful teacher is personality. The personality of the teacher has an impact on how they behave and how their students behave, how well they can establish trusting relationships with them, how they teach, how they view themselves as teachers, and how they view children as learners. The subject of personality is the most important area of research into individual differences, along with IQ.

Personality is the pinnacle of a living thing's natural eccentricities. According to Jung (1971), personality is the complete assertion of all that makes up the individual, the best adaptation to the condition of existence that is shared by all, along with the greatest freedom for selfdetermination. On the basis of the opposing attitudes of introversion and extroversion, Jung also established a theory of personality that categorises people into eight different personality types. He claims that attitudes refer to a propensity to act in a particular way. Extroverts lay greater stress on objectivity and external factors, whereas introverts place more value on their subjective perception of the world.

Allport (1966) defined personality as the dynamic organisation of the psycho-physical processes within the individual that govern his particular response to his environment. Unlike Fernald et al. (1978), who believed that personality is commonly described as the distinctive and characteristic ways



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Please select the option that best describes your level of satisfactions about your employee who is alumnus of City Academy Law College, Lucknow.

Name: Fanh				
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Address of the Emplo	yers: 170	16, Vibhuti 1	Chand, Cromti N	lagar.
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4. Leadership, T	eam spirit and	Initiative :		
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		Cit	y Academy Law College Tewariganj, Chinhat,	( e)

in which a person reacts to his or her surroundings, I believe that personality is made up of relatively constant patterns of behaviour. There are traits that make some people similar to other people while making others unique.

In terms of how much freedom and responsibility students believe they are given, students' perceptions of their teacher's interpersonal behaviour are correlated with the personality of the teacher. As a result, it is clear that many approaches have been used to define personality but that there is no consensus on a single description. Even though there is variation of opinion, all psychologists concur on a few fundamental commonalities. Being distinctive is one fundamental truth of personality. Even identical twins are not the same in terms of personality. The second fundamental truth about personality is that it is the result of internal processes. Our present actions are influenced by our past experiences. Day after day, we gather experiences that gradually mould our personalities through repeated exposure to the outside world. The need to comprehend the significance of individual differences is stressed in most definitions, which is their third shared trait. Individuals differ from one another due to their personalities, and these distinctions can only be understood via the study of personalities.

# 1.11 Relationship between Job Satisfaction, Mental Health And Personality Type Among teacher Educators of Self Finance College:

There has been some research conducted on the relationship between personality type, job satisfaction, and mental health among teacher educators, particularly those teaching in self-financed colleges.

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One study, published in the Journal of Education and Practice, examined the relationship between personality type, job satisfaction, and mental health among teacher educators in India. The study found that introverted teacher educators reported lower levels of job satisfaction and higher levels of mental health issues compared to their extroverted counterparts. The study also found that those who scored higher on the agreeableness trait tended to report higher levels of job satisfaction.

Another study, published in the Journal of Education and Practice Research, found that teacher educators in self-financed colleges reported lower levels of job satisfaction compared to those in government-funded colleges. The study also found that job satisfaction was positively correlated with mental health among the teacher educators.

Overall, while there is some evidence to suggest that personality type may be related to job satisfaction and mental health among teacher educators, more research is needed to fully understand these relationships and their implications for teaching in self-financed colleges.

# 1.12 OBJECTIVES OF THE STUDY

- 1. To study mental health of Teachers Teaching in B.Ed., B.El.Ed and M.Ed. Teacher education Programs in self finance colleges.
- 2. To study Job satisfaction of Teachers Teaching in B.Ed., B.El.Ed and M.Ed. Teacher education Programs in self finance colleges.
- **3.** To study Personality Types of Teachers Teaching in B.Ed., B.El.Ed and M.Ed. Teacher education Programs in self finance colleges.



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Please select the option that best describes your level of satisfactions about your employee who is alumnus of City Academy Law College, Lucknow.

Name: / MIT	JAISWAL			
Contact Number :	870777	Email Id	1: amit@ grus	annociates com
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2. Planning and	Organization S	kills:		
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3. Communication	on Skills :			
Very Good	Good	Fair	Satisfactory	Unsatisfactory
4. Leadership, T	eam spirit and	Initiative :		
Very Good	Good	Fair	Satisfactory	Unsatisfactory
		Ci	ty Academy Law College Tewariganj, Chinhat,	

objective manner. However, by identifying specific indicators and developing appropriate measures, researchers and organizations can gain insights into the factors that contribute to employee satisfaction and take steps to improve the overall work experience for their employees.

#### B. MENTAL HEALTH

The World Health Organization (WHO) defines mental health as "a state of well-being in which every individual realizes his or her own potential, can cope with the normal stresses of life, can work productively and fruitfully, and is able to make a contribution to her or his community."

An operational definition of mental health involves defining the concept in measurable terms that can be observed and quantified. This involves identifying specific indicators or factors that contribute to mental health and developing methods for measuring and assessing those factors.

Overall, mental health is a complex and multi-dimensional concept that can be difficult to operationalize in a precise and objective manner. However, by identifying specific indicators and developing appropriate measures, researchers and clinicians can gain insights into the factors that contribute to mental health and take steps to improve the overall well-being of individuals and

5. Work- Place l	ehavior:			
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City Academy Law College Tewariganj, Chinhat, Lucknow communities.

#### C. PERSONALITY

The Alport's definition of personality is based on the idea that personality is a dynamic organization within the individual of those psychophysical systems that determine his or her characteristic behavior and thought. According to Alport, personality is composed of three levels of traits:

- 1. Cardinal Traits: These are the dominant traits that shape an individual's behavior and influence their life to a great extent. These traits are rare and not everyone possesses them.
- 2. Central Traits: These are the general characteristics that form the basic foundation of an individual's personality. They are less dominant than cardinal traits, but still play an important role in shaping the individual's behavior.
- 3. Secondary Traits: These are the specific traits that are less consistent and less influential than central and cardinal traits. They are situation-specific and can change depending on the context.

Alport believed that personality traits are relatively stable across time and situations and that they can be measured and studied scientifically. He also believed that personality is influenced by both biological and environmental factors.